



1892 E. Auburn Rd. Rochester Hills, MI 48307  
248-852-5510 Website: www.GLCRH.org

♥ A Food Ministry With A Servant's Heart! ♥

## APRIL 2011 MENU

### BREAD OF LIFE BOX Cost: \$31.00

*Balanced Nutrition and Variety with enough food to assist in feeding a family of four for about one week.*

- |   |                               |
|---|-------------------------------|
| 2 lb. Beef Steak Burgers  | 1 lb. Fresh/Frzn. Butter Peas |
| 2 lb. (avg.) All Natural Boneless/Skinless Chicken Breast (Tray Pack) | 1 lb. Large Sliced Carrots    |
| 2 lb. Fully Cooked Meatloaf with Red Sauce                            | 2 lb. Waffle Fries            |
| 2 lb. Sloppy Joe Mix (seasoned beef & sauce)                          | 1 lb. Spinach                 |
| 1.5 lb. Breaded Lg. Chicken Breast Chunks                             | 28 oz. Baked Beans            |
| 1.5 lb. Smoked Sausage  | 12 oz. Egg Noodles            |
| 1 lb. 100% Ground Turkey  | 8 oz. Corn Muffin Mix         |
| 1 lb. 3-way Veggie Blend  | 32 oz. Shelf-Stable 2% Milk   |
|   | 1 doz. Eggs                   |
|   | Dessert                       |

### FAST AND FLAVORFUL CUISINE! Cost: \$28.00

**Convenience meals great for seniors and people living with diabetes!**

*Ten perfectly seasoned, nutritionally balanced, fully-cooked meals – just heat and serve. Each meal has been developed with dietary needs of senior citizens and people living with diabetes in mind.*

- |                        |                                      |
|------------------------|--------------------------------------|
| Sweet and Sour Chicken | Country Steaks with Gravy and Onions |
| Chicken Teriyaki       | Chicken with Noodles                 |
| Fettuccini Alfredo     | Chicken Cacciatore                   |
| Roasted Chicken        | Pork Patty                           |
| Fish Fillet            | Country Herb Chicken Patty           |

### JUST 4 ME – AFTER SCHOOL BOX \$24.00

*An assortment of child-friendly snacks. Great for after school or any time.*

- |   |                               |
|---|-------------------------------|
| 2 ea. 3.7 oz. Beef Charbroil Sandwich w/Cheese (Twin Packs) |                               |
| 4 ea. 2.8 oz. Peanut Butter & Jelly Jamwich                 |                               |
| 14 oz. Stffd. Breadsticks/Pizza Bites                       |                               |
| 2 ea. 2.2 oz. PBJ on Graham Wafers                          |                               |
| 1 ea. 3.4 oz. Watermelon Italian Ice                        |                               |
| 1 ea. 3.2 oz. Raspberry Fruit Juice Sherbet                 |                               |
| 1.5 lb. Corn Dogs (3 x 8 oz. bags)                          |                               |
| 1 ea. 3 oz. Grilled Cheese Sandwich                         |                               |
| 2 ea. 4 oz. Pocket Sandwiches                               |                               |
| 2 lb. Breaded Chicken Fingers                               | 1.5 lb. Breaded Chicken Wings |

### BOUNTIFUL BLESSING BOX \$41.00

- |  |                                |
|--|--------------------------------|
| 2 lb. (avg) All Natural Boneless/Skinless Chicken Breast (Tray Pack) |                                |
| 1.5 lb. Breaded Large Chicken Breast Chunks                          |                                |
| 2 lb. Fully Cooked Meatloaf with Red Sauce                           |                                |
| 2 lb. Sloppy Joe Mix (seasoned beef & sauce)                         |                                |
| 2.5 lbs IQF Unbreaded Chicken Wings                                  |                                |
| 1.5 lb. Whiting Fillets (6 x 4 oz.)                                  |                                |
| 2 lb. Beef Steak Burgers   | 1.5 lb. Smoked Sausage         |
| 1 lb. Fully Cooked Meatballs   | 1 lb. 100% Ground Turkey       |
| 1 lb. 3-way Veggie Blend   | 1 lb. Fresh/Frozen Butter Peas |
| 1 lb. Mini Broccoli Florets  | 1 lb. Large Sliced Carrots     |
| 2 lb. Waffle Fries   | 1 lb. Spinach                  |
| 28 oz. Baked Beans   | 12 oz. Egg Noodles             |
| 8 oz. Jambalaya Rice Mix   | 8 oz. Corn Muffin Mix          |
| 32 oz. Shelf-Stable 2% Milk  | 8 oz. Buttermilk Pancake Mix   |
| 1 doz. Eggs  | Dessert                        |

### BIT O' BLESSING BOX \$21

**Quantities are Limited. Orders filled on a first come, first serve basis.**

- |                                 |                                |
|---------------------------------|--------------------------------|
| 2 lb. Breaded Chicken Chunks    | 27 oz. Salisbury Steak & Gravy |
| 24 oz. Birdseye Steamfresh Meal | 1 lb. Smoked Sausage           |
| 1 lb. Crunchy Fish Bites        | 20 oz. Steak Fajita Strips     |
| 1 lb. Multi Dry Bean Soup Mix   | 18 oz. Quick Oatmeal           |
| 8 oz. Brownie Mix               |                                |

### PASTOR JOE'S PREMIUM BOX \$51/00

- |  |   |
|--|---|
| 2 lbs. Angus Fillet of Sirloin (4 x 8 oz.) | 5 lbs. Pork Bar-B-Q                           |
| 17 oz. Crab Cakes (5 ct.)                  | 20 oz. Twice Baked Potatoes (2 x 2 ct. Pkgs.) |
| 1 lb. Broccoli Florets                     | 1 lb. Cauliflower Florets                     |
| 4 ea. Corn-on-the-Cob                      | 1 lb. Brussels Sprouts                        |
| 1 lb. Sugar Snap Peas                      |   |

**SPECIAL #1 \$25.00**

**6 lb. Combo Special**

- 2 lbs. Choice Ranch Steaks (4x8 oz.)
- 2 lbs. Bone-In Pork Chops (8x4 oz.)
- 2 lbs. Bnls/Sknls Chicken Breasts (8x4 oz.)

**SPECIAL #2 \$25.00**

- 4 lbs. Choice Sirloin Strip Steaks (8x8 oz.)

**SPECIAL #3 \$23.00**

**Premium Fresh Fruit and Veggie Box**

- 1 ea. Golden Ripe Pineapple
- 4 ea. California Lemons
- 1 ea. Cantaloupe
- 4 ea. Navel Oranges
- 1 lb. Red Seedless Grapes
- 1 ea. Mango
- 3 lbs. Red Potatoes
- 1 lb. Cello Carrots
- 1 ea. Head, Cabbage
- 20 oz. Green Beans
- 5.5 oz. Bag, Green Onions
- 1 ea. Sleeved, Stalk Celery
- AFM Fruit and Veggie Recipe Sheet

**Easter Holiday Box \$36.00 #5**

- 7.5 lb. (avg.) Perdue Roasting Hen
- 3 lb. Boneless Netted Pork Roast
- 72 oz. (8 ct.) Prem. Twice Baked Potatoes (Idaho Russet Potatoes with Applewood Smoked Bacon, Cheddar Cheese, Sour Cream, Butter & Chives)
- 2 lb. Green Beans
- 12 ct. Mini Corn Cobettes
- 12 oz. Cornbread Stuffing Mix (2x6 oz. pkg.)
- 1.7 oz. Brown Gravy Mix (2 x .87 oz. = 2 c. gravy)
- 12 ct. Whole Wheat Dinner Rolls
- 2 lb. 5 oz. Mrs. Smith's Apple Raisin Spice Pie
- Recipe and Cooking Instructions

**GLUTEN FREE!\* ALLERGEN FREE FOOD BOX \$25.00**

- 1 lb. Breaded Chicken Breast Nuggets
  - 1 lb. Breaded Chicken Tenderloins
  - 1 lb. Breaded Breast Fillet Patties
  - 1 lb. Breaded Boneless Chicken Wings
  - 1 lb. Breaded Cubed Steak
- \*Please see our website for other allergen facts*

**Just 4 Me No Child Goes Without \$24.00**

*"Blessing America's Children, one Box at a Time"*

- 10 ct. Instant Oatmeal (2 x 5 ct. Boxes)
- 7.5 oz. Beans & Wieners
- 7.5 oz. Cheezy Mac 'n Cheese
- 7.5 oz. Mini Beef Ravioli
- 7.5 oz. Spaghetti and Mini Meatballs
- 7.5 oz. Noodle Rings & Chicken
- 7.5 oz. Cheezy Mac 'n Franks
- 7 ea. Cereal Bowls (.75 oz. ea.)
- 1 ea. Peanut Butter (12 oz.)
- 1 ea. Grape Jelly (20 oz.)
- 1 ea. Chunk Lite Tuna in Water (.5 oz.)
- 1 ea. All White Chicken (.5 oz.)
- 6 pk. Apple Sauce
- 5 ea. Granola Bars (.25 oz. ea.)
- 32 oz. Shelf-Stable 2% Milk

**Just 4 Me After School Fruit and Veggie Box \$16.00**

- 3 ea. Red Apples
- 3 ea. Green Apples
- 3 ea. Pears
- 3 ea. Navel Oranges
- 1 ea. Stalk, Sleeved Celery
- 1 lb. Mini Peeled Carrots
- 1 ea. 6-pk. Raisins
- 8 oz. Trail Mix
- 1 ea. 6-pk. Applesauce

**ORDERS ACCEPTED AND PAID FOR:**

Saturday, Mar. 26<sup>th</sup>, 10:00 - 11:30 am  
 Saturday, April 9<sup>th</sup>, 10 am - 12 noon **OR**  
 Call For An Appt. before April 15<sup>th</sup>, 12 pm.

**DISTRIBUTION DAY:**

Saturday, April 23<sup>RD</sup>, 9:30-11 am  
 at Gethsemane Lutheran Church

**Food not picked up during the designated time will be donated.**

**"Thrivent Financial For Lutherans" North Oakland Chapter,  
 Supports Ministries At Gethsemane**

BREAD OF LIFE BOX .....	Qty. _____	X	\$31.00.....\$
BIT O' BLESSING BOX.....	Qty. _____	X	\$21.00.....\$
BOUNTIFUL BLESSING.....	Qty. _____	X	\$41.00.....\$
FAST & FLAVORFUL BOX...	Qty. _____	X	\$28.00.....\$
ALLERGEN-FREE BOX.....	Qty. _____	X	\$25.00.....\$
AFTER-SCHOOL BOX.....	Qty. _____	X	\$24.00.....\$
NO CHILD GW BOX.....	Qty. _____	X	\$24.00.....\$
AS FRUIT & VEGGIE BOX..	Qty. _____	X	\$16.00.....\$
PREMIUM BOX.....	Qty. _____	X	\$51.00.....\$
SPECIAL #1.....	Qty. _____	X	\$25.00.....\$
SPECIAL #2.....	Qty. _____	X	\$25.00.....\$
SPECIAL #3.....	Qty. _____	X	\$23.00.....\$
SPECIAL #5.....	Qty. _____	X	\$36.00.....\$

**Total Qty.:** \_\_\_\_\_ **Total Cost: \$** \_\_\_\_\_

**METHOD OF PAYMENT ACCEPTED:**

- Cash
- Money Order
- Food Stamps
- On Line

**You May Also Order Online At:**

[www.glcrh.org](http://www.glcrh.org) or  
[www.angelfoodministries.com](http://www.angelfoodministries.com)

**Debit and Credit Cards Only**

**Online Order Deadline  
 Sunday, April 17, 11:59 pm**

*Office Use Only:*

Date: \_\_\_\_\_ Initials: \_\_\_\_\_

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City

\_\_\_\_\_  
Zip

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Email

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Phone